

SUNDAY @ EMMAUS

09.17.23 Gathering #964/Livestream #184
series: Rest sermon: Weary and Burdened

Recognize:

_____ is a _____
from a _____
who _____ us to need _____.

What is your reaction?

Matthew 11:28-30 p. 682:

- who is invited?
- what's the invitation?
- what's the promise?

The invitation is challenging:

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-
-

WELCOME!

We'd love to get connected!
Learn more at [Emmaus.Church](https://emmaus.church).



WHAT'S NEXT?

sign up for EVERYTHING at
emmaus.church by scanning this:



- TODAY at 12:30 in the Cottage (553 F St.)
New to Emmaus lunch
- 9.21 Women's Event: Chili & Axes at the
Wallace's: 6855 S. Forbes Rd. Lincoln
- 10.1 Membership Info Meeting
- 10.4 Apostles' Creed class begins
sign up by 10.1
- 10.15 Fall Baptism
- 10.21 Women's Brunch
- 11.3-5 Men's Weekend
- 12.24 Three Christmas Eve (Sunday)
gatherings: 8a, 9:30a, 11a

GOOD TO KNOW...



Emmaus runs The Foundry, an after-school youth center with sites at GEMS and LHS/PHS. Apply to volunteer or learn more at FoundryLincoln.org



Why are you so tempted by _____?
Pick up a copy of Pastor Nathan's latest book, The Benefits of Temptation, in the bookstore off of the cafe.



Choir Info meeting! Join Melissa after church (12:45ish) on October 8th to hear all about being in this year's Christmas Choir.

QUESTIONS FOR HOME GROUPS

- If someone tells you, "You need to rest," what's your typical reaction?
- Do you typically default to seeing rest as a gift or as a reward? What are some ramifications of your default perspective?
- Re-read and respond to Matthew 11:28-30.
- What are you weary of or burdened by?
- What are some of your common "go-tos" when you're feeling physically tired or emotionally stressed?
- What is most challenging to you about Jesus' invitation?

**SIGN UP FOR EVERYTHING EMMAUS
WITH THIS QR CODE:**



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EMMAUS.CHURCH
AND CHOOSE "EVENTS"**

EMMAUS
church community