

OCTOBER AT EMMAUS

10.24.21

Gathering #864/Livestream #84

Season: Pentecost

Series: Anxiety and Joy

Sermon: The Secret to Contentment

Situations

"good"	"bad"
.	.
.	.
.	.

Philippians 4:10-13

Thank you, but...

"...I have learned the _____ of being _____ in _____ and _____ situation..."

What's the secret?

How'd Paul learn it?

Three invitations:

. embrace _____ as _____

. see _____ as _____

. find _____ in _____

Nathan Oates 10.24.21

WHAT'S NEXT?

Today: Men's Weekend Registration Due

For We're looking forward to a meaningful men's weekend: Nov. 5-7. Register today at emmaus.church!

Today: One 9am Gathering

For the next few months, we will have one gathering at 9am. Livestream also offered at 9am.

Interested in participating in the Christmas Choir?

Email Melissa@Emmaus.Church!

New Series Starts Next Sunday

How do you keep giving when you're exhausted and empty? You can't. At least not very well. Nate starts a four-part series next week on how to keep the fire in your soul burning, especially in long seasons of high demand. It's called "Full." Invite a friend!

discuss & respond:

- Share one of the "circumstances" you're navigating right now.
- Sometimes it's the newness of a situation that causes anxiety. Is there an issue you've faced repeatedly which has helped you to learn a certain kind of contentment?
- Read Philippians 4:10 through the end of the letter. What stands out to you most?
- Paul says he's "learned the secret to being content." How is his message different from Stoicism or other methods of seeking contentment?
- Paul learned the secret experientially. Have you? What spiritual knowledge have you gained through experience?
- Consider and share a comment or question about each of the three "invitations."



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