

SUNDAY @ EMMAUS

10.08.23 Gathering #967/Livestream #187
series: Rest sermon: Let Go and Know

Psalm 46 (p. 393)

Selah

Part 1: vs. 1-3

truth:

response:

when?

- selah -

Part 2: vs. 4-7

truth:

response:

when?

- selah -

Part 3: vs. 8-11

truth:

response:

when?

- selah -

WELCOME!

We'd love to get connected!
Learn more at Emmaus.Church.



WHAT'S NEXT?

sign up for EVERYTHING at
emmaus.church by scanning this:



- TODAY: Christmas choir info meeting after the 11a gathering
- 10.15 Fall Baptism and BBQ lunch at Wallace property: 6855 South Forbes Road
- 10.21 Women's Brunch: Lincoln Women's Club downtown Lincoln
- 10.29 New to Emmaus Lunch 12:30 in the Cottage (553 F St.)
- 11.3-5 Men's Weekend is at capacity. Please email Rich@Emmaus.Church to be added to the waiting list!

GOOD TO KNOW...



church website: emmaus.church



mail: P.O. Box 67, Lincoln, 95648



staff email:
[first name]@Emmaus.Church



instagram:
[emmauschurchcommunity](https://www.instagram.com/emmauschurchcommunity)



facebook:
[emmauschurchcommunity](https://www.facebook.com/emmauschurchcommunity)

QUESTIONS FOR HOME GROUPS

- Read and comment on Psalm 46: 1-3.
- 4th century Christian leader Basil the Great argues that we get alarmed too easily by too many things. He reflects on Ps. 46, saying, "Do not flee what you do not need to flee." He also points out that we seek security in many "transient and deceptive" things and that the only true refuge from evil is God.
- What might you be "fleeing" unnecessarily?
- In what, besides God, are you tempted to find refuge?
- Read and comment on Psalm 46:4-7.
- Where, in your life, are you in need of hope?
- Read and comment on Psalm 46:8-11.
- Is there a time/a space in your life devoted to "be(ing) still and know(ing) that I am God?"
- How can this group support you in developing a real life practice of "letting go and knowing that God is God?"