WELCOME TO EMMAUS
Gathering #1127/Livestream #347
Nov. 1, 2026 Series: ALL SAINTS
Sermon: Embrace a Little Strictness

The Rule of St. Benedict

November sermon series: All Saints

Today's Question:
Why would I limit my personal freedom?

Benedict of Nursia 480-547AD

"...we hope to set down nothing harsh, nothing burdensome. The good of all concerned, however, may prompt us to a _____ _____ in order to amend _____ and safeguard _____."

Why?

How?

see:
John 13:34-35, Philippians 2:3-8, Galatians 5:13–14, Romans 15:1-3, 1 Corinthians 8:13

What "little strictness" should you embrace?

Nathan Oates 11.1.26

We're so glad you're here!
Scan here to get connected:

coming events: **sign ups:**

NEXT:
11.29: Full Family Sunday (Loft and Cottage classes join main gathering)
12.8: Lament Gathering: 7-9, Theater
12.13: Kids Christmas Sunday
12.20: Christmas Choir Sunday
12.24: Three Christmas Eve Gatherings: 2:30, 4:00, 5:30, in the Theater

HOME GROUP DISCUSSION:

- Share a comment or question about the sermon.
- What comes to mind when you hear the word "strictness"? Is your association negative or positive? Why?
- How does understanding love as the purpose of strictness change the way you think about personal discipline?
- Where have you seen someone voluntarily limit their own freedom for the good of someone else (in a marriage, family, friendship, church, or another community)? What impact did their choice have?
- Embracing what little strictness will help you hurt people less and love people more? What is one specific boundary or limitation you might embrace this week for the good of others?

TODAY IN THE INFO CENTER*:

- The Rule of St. Benedict - free
- Foxe's Book of Martyrs - free
- "Embrace...Strictness" tees - $20
- Emmaus hats - $20

* while supplies last